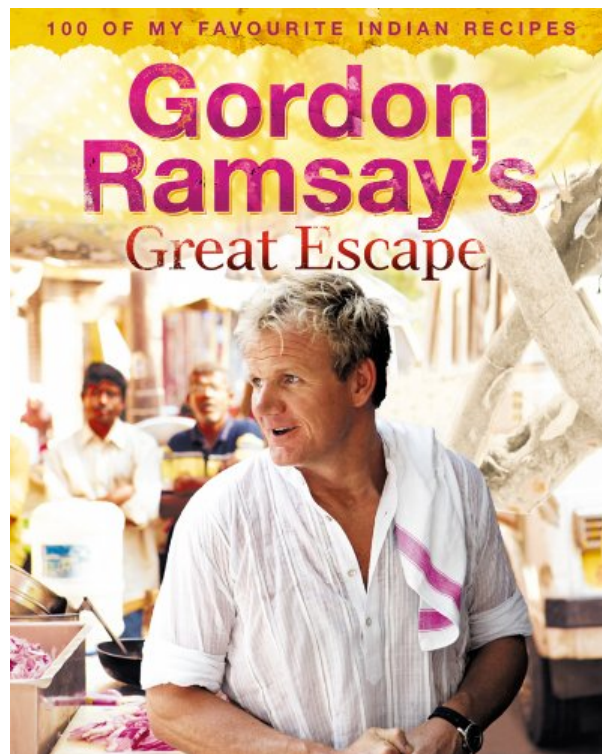
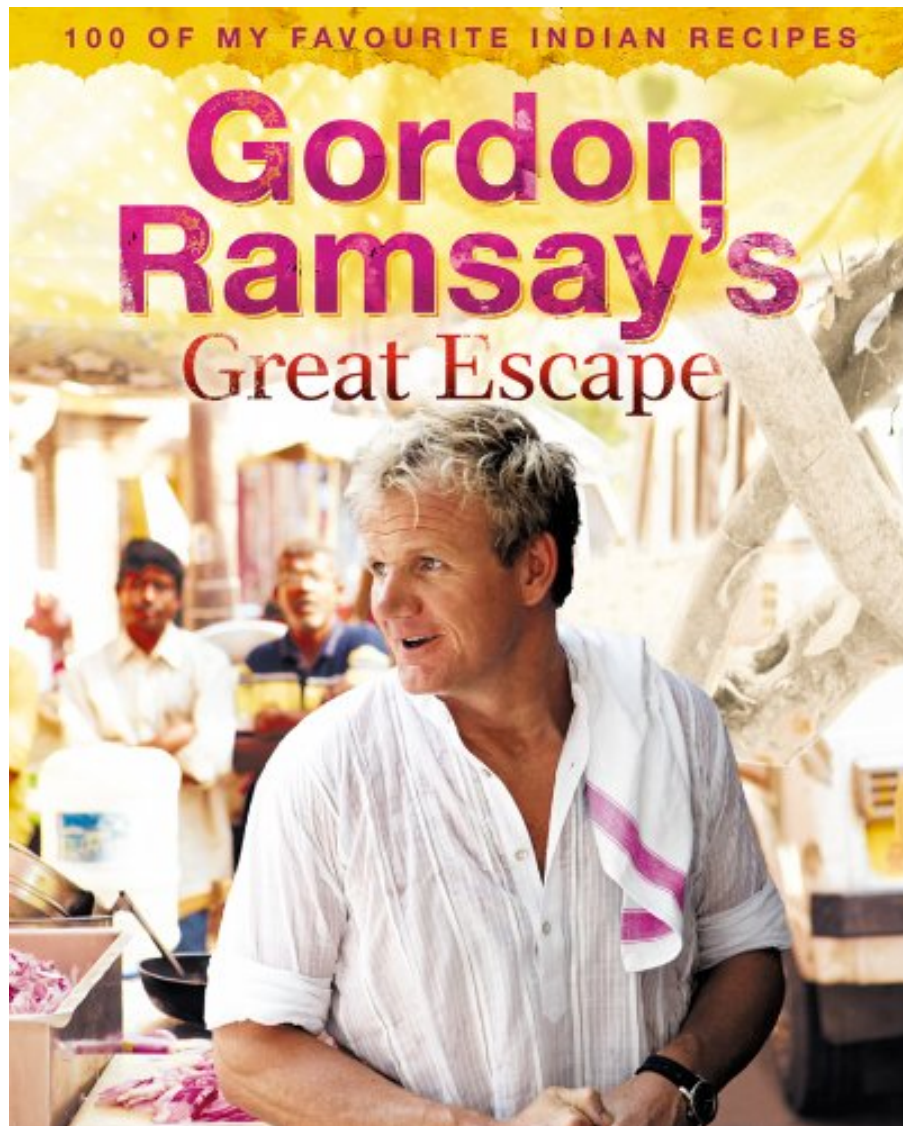


GORDON RAMSAY'S GREAT ESCAPE: 100 OF MY FAVOURITE INDIAN RECIPES BY GORDON RAMSAY



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Review

"Gordon unveils his hottest recipes ever [!] forget those takeaways" The Times Weekend "The 100 recipes are for curious entry-level cooks as well as experienced hands on the lookout for unusual spice combos, as Ramsay has gone beyond the curry house in his search for authentic recipes [!] recipes are properly tested, the instructions clear and the photography is a visual feast" Time Out**** "Delectable" Heat "More than 100 authentic and mouthwatering Indian recipes, few of which you'll find in your local curry house. Bravo, rude boy." Sport "If you don't have a love for this rich delicious style of cooking, you'll be a massive fan after reading this" U Magazine "Filled with the kind of incredible tastes -- found in recipes such as authentic butter chicken -- that sum up India." Belfast Telegraph

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In his Channel 4 series TV chef Gordon Ramsay embarks on a culinary journey around India, discovering the breadth and depth of cooking of the country. His cookbook is packed with the best recipes from his travels, showing you how to cook authentic dishes that are bursting with flavour.

Three-star chef Gordon Ramsay's favourite food is one that he shares with a lot of Britain - curry. But, until now, he's never been to India to see how the real thing is cooked. Accompanied by a Channel 4 film crew, Gordon takes the culinary trip of a lifetime to discover real Indian cuisine and share this collection of over 100 of his favourite Indian dishes.

As you'd expect from a Michelin-starred chef, Gordon brings his eye for perfection and ability to judge flavours perfectly to his exploration of Indian food and shows us how to cook authentic, mouth-watering dishes from all over this huge and varied country. He visits Kerala deep in the South of India to bring us spicy, coconut-based curries and travels to colourful Rajasthan to learn about the creamy, flavourful dishes of the North. Along the way Gordon experiences the hugely different flavours and spices from the different regions and absorbs local cooking styles and traditions.

Throughout his culinary journey, Gordon selects the best of the vast array of Indian spices, now readily available in British supermarkets. He shows us how to use these authentically to produce a beautifully flavoured Indian dish. Gordon Ramsay's Great Escape includes over 100 recipes in the following sections: Everyday, Entertaining, Quick Lunches and Healthy Dishes.

Once Gordon shows you how easy it is to put together authentic Indian dishes, you'll never look back.

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Most helpful customer reviews

5 of 5 people found the following review helpful.

A Culinary Journey of Food, History and Self Discovery

By TheApCHEF

I grew up eating all sorts of curries and have had a love affair with spices and curry ever since. As a training chef this book has given me a deeper understanding of spice combinations and the methods to manipulate spices to maximise flavour. I found Gordons personal and professional account of India very uplifting. I never considered the influences of topography, climate and history as a major influencer on local food. This knowledge has given me a new way to view what is available in my local area and makes me think twice about how food is prepared, cooked and presented based on these influences.

Gordons take on Indian food is very exciting with the use of mango powder, gram flour, a variety of dals and jaggery to the use of rosewater in Dum ba biriyani.

Another great book! Looking forward to reading Gordon's SouthEast Asia!

Nick Blake,

27-QLD.AU

8 of 9 people found the following review helpful.

Excellent value for money!

By Paul Brady

Full of great tips, tricks, fantastic recipes and some entertaining anecdotes!

I've tried four recipes to date and they have ALL been wonderful success's - especially the butter chicken!

The price was great too!

5 of 6 people found the following review helpful.

Gordon Does India

By Autamme_dot_com

Traditionalists and purists of Indian food may scoff and sniff at this, but three-star Michelin chef Gordon Ramsay has put his immense talents to learning and translating the basics of Indian cookery whilst, at the same time, putting his own style and making the dishes easy for the home cook to prepare and enjoy.

This book is a "spin off" to a British television series that saw Ramsay travel around India, learning from some of the country's top chefs and regular street-food cooks alike what real Indian food is. What people think of Indian food can often be a pale imitation of the real authentic dish or, as in many cases, the dishes one enjoys at home are not even known of in the country of their alleged birth.

There is no standard Indian fare as each region has a wide-range of specialities, delicacies and signature dishes. Where commonality can be found there will still be regional influences based on practical and historical reasons. Here Ramsay gets to learn about what makes many of these dishes tick, whether it be taste, visual appearance, nature of ingredients or even a cultural difference.

Many cookery books featuring Indian food often manage to confuse the less-experienced reader by over-complicating matters or becoming intimidating through their desire to be authentic. Ramsay, whilst trying to keep the food true to its roots, acknowledges and accepts some practical differences - not everybody will have access to all of the cooking implements and fresh ingredients that would be desirable yet with a slight compromise and the use of ingredients that are increasingly-available in larger supermarkets around the world you will still get a dish that could be fit for a King, a Maharajah or a good family get together. With a little bit of effort one can enjoy a taste of India from your own kitchen.

At times one might forget this is principally a recipe book due to the wonderful colourful photographs and light, free-flowing text. It is like having a quality informal travel guide with a lot of recipes and expert advice thrown in. Each recipe is well-presented with much background information, tips and tricks and, as one would expect, one does not need to be a professional chef to follow and understand the instructions.

It would have been nice if more of the knowledge gained from his research could have been added to the book to add further "background impact" but then the book might have been a series of volumes and not so kitchen-friendly. Similar a version of the book with copies of the television series on a DVD or Blu-Ray disk would have been great, but licensing and technical issues involved with the television world still get in the way. If you get the chance to see the series or to buy a DVD/Blu-Ray copy you should do so for additional benefit.

This reviewer, himself an avid eater of Indian foods, found quite a lot of interesting recipes to try in the future as well as a lot of information nuggets to file away. This is not a classic reference book nor a classic recipe book but a jolly good hybrid. A sort of informal learning experience. This book really should be considered if you have enjoyed Indian food and wish to learn a little more about it and, hopefully, have an interest to try making some for yourself.

The book's very reasonable price makes it a bargain - particularly when you know it will be heavily-discounted by many larger outlets due to the television series tie in, meaning that it is going to be affordable to even more people. For less than the price of couple of typical takeaway meals, you could get the knowledge to make your own in the future!

See all 12 customer reviews...

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