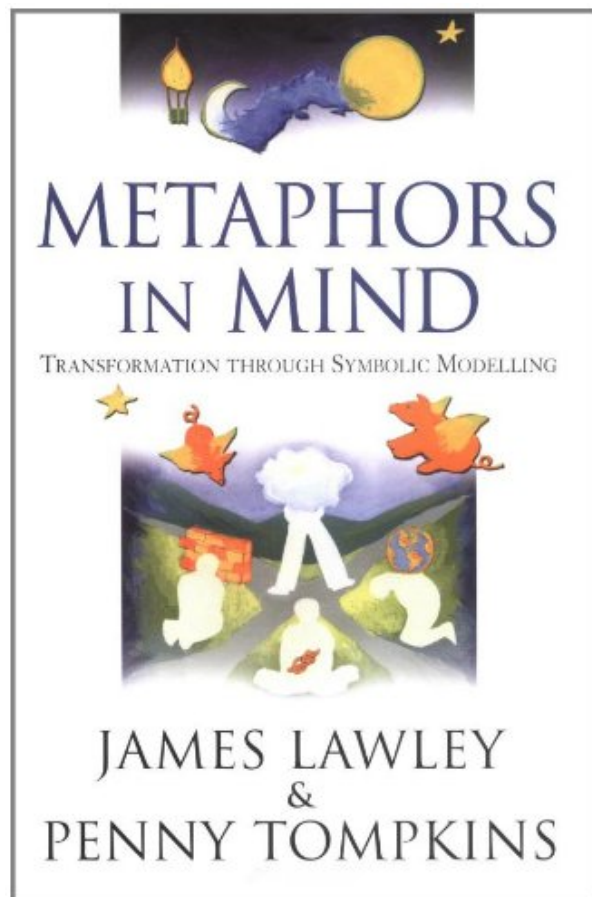
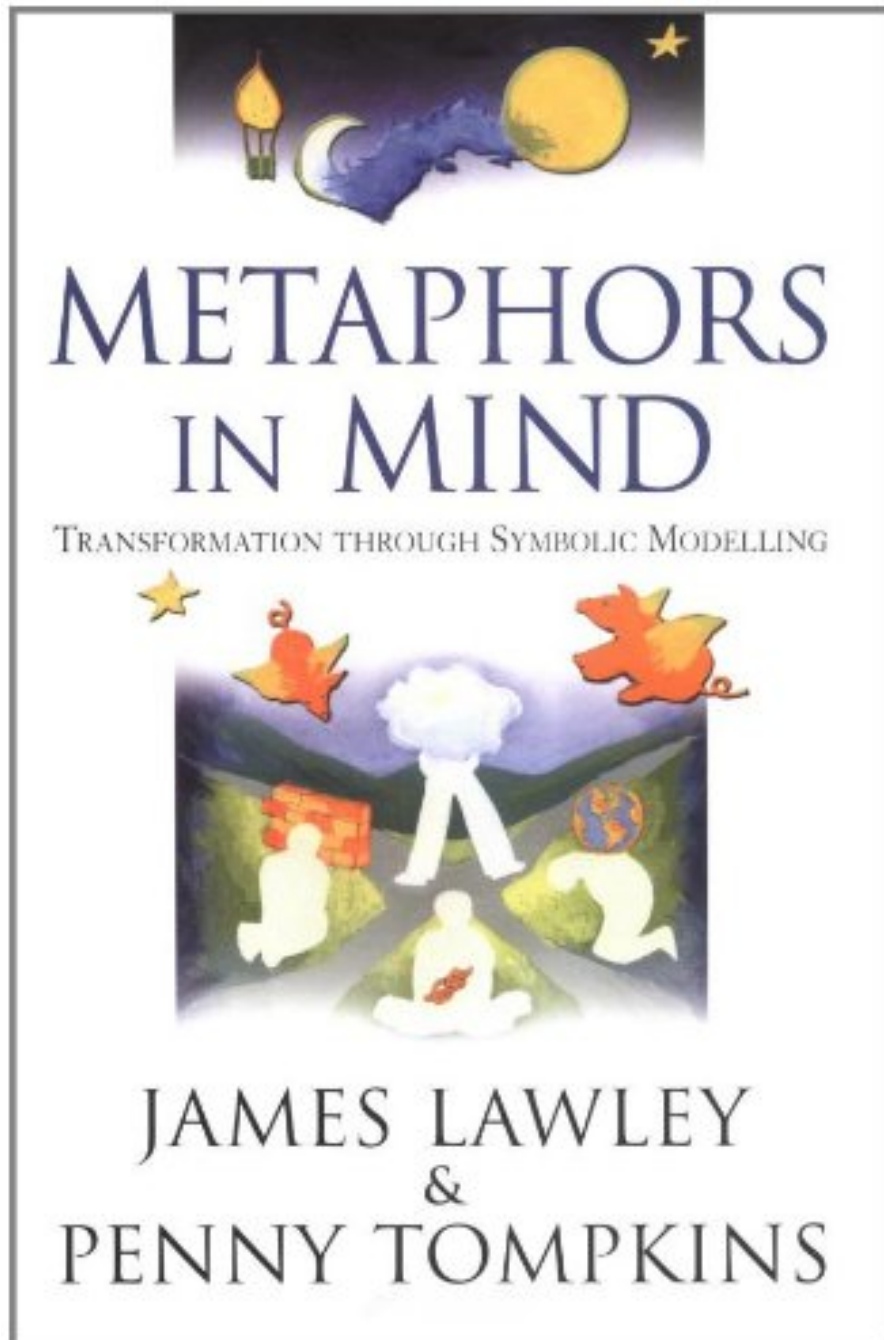


# **METAPHORS IN MIND: TRANSFORMATION THROUGH SYMBOLIC MODELLING BY JAMES LAWLEY, PENNY TOMPKINS**



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- Published on: 2000-10-20
- Original language: English
- Number of items: 1
- Dimensions: 9.04" h x .99" w x 6.04" l, 1.23 pounds
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- 336 pages

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#### Most helpful customer reviews

45 of 51 people found the following review helpful.

All The Difference

By David Cisek

The nature of the book turns me toward testimony rather than review, because the book is where a change began for me. I thought *Metaphors in Mind* had something to do with literary analysis, which is what I was looking for. I was thus a little disappointed when I first opened the book, but then I couldn't put it down (see . . . it's impossible to live outside metaphors). So compelling was its proposal, metaphor is reality, that for the first time in my more than fifty years, I sought a therapist who ascribed to its principles. By happy coincidence I was able to meet with James and Penny--two of the gentlest human beings I think I have ever met. What has changed is my relationship and response to the images I live with and have lived through, once I spoke what they were, and where they resided in me, and what it felt like living with them, and what needed to happen to dispell--those ghosts, bugaboos and, ah yes those very symbolic ties that bind and double bind ones consciousness. For an English teacher to obtain reality through the life that exists in words is an awesome and radical experience. Without the book though there wouldn't have been a beginning . . . or, so as not to try logic, there wouldn't have been such a beginning. *Metaphors in Mind* is clear, precise and orderly, a succinct presentation of theory and practice, even for the lay reader. It's an extraordinary introduction, and perhaps a great beginning.

12 of 12 people found the following review helpful.

An amazing book!

By B. Aho

I consider myself pretty "cutting-edge" in terms of personal-growth technologies, and this was definitely something new! I highly recommend this to therapists, coaches or really anyone who wants to effectively navigate and help others (or yourself) heal and develop their minds.

I fear that some may be turned off by the long sub-title, but really this is about how to understand and use

metaphors (and metaphorical language) in a powerfully healing way. I have a lot of background in NLP and therapy and I don't know if others will find it as accessible without this. Once you learn "clean language" (a form of asking questions and eliciting information that does not "contaminate" the answers with your own assumptions, metaphors, etc.) you will wonder how you (or any therapist) gets by without it!

I just wish these people lived closer, so I could more easily study with them (and experience being on the receiving end - other than in self-guided sessions!).

28 of 30 people found the following review helpful.

A Major Work In Psychology And Psychotherapy

By Paul Burns

I believe this book marks a significant advance in psychology and therapy. David Grove is a genius. For me, he is up there with Freud, Jung and Milton Erickson. And while anyone who experiences David at work can see he is doing something very different with his clients, understanding that something has not been easy until the arrival of "Metaphors in Mind". The authors have had access to David and have made his work accessible.

Not many serious books are as well written as this one. Penny & James have managed to make the chapters largely self-contained. Chapters begin with an outline of what will be covered, then the details and then a useful summary. There is no mystification. It is obvious the authors want people to have a clear understanding. The book is well referenced, has a useful index and also contains three annotated transcripts of symbolic modelling at work with clients.

The only limitation is that it is a book. Symbolic Modelling also pays attention to body language, "line of sight" (where people look as they think) and the way that words are said. And David Grove has developed a style of therapy that is equally rich in language and what goes with language. I hope audio and videotapes are the next project for Penny and James or that David will produce taped copies of his more recent work.

See all 14 customer reviews...



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