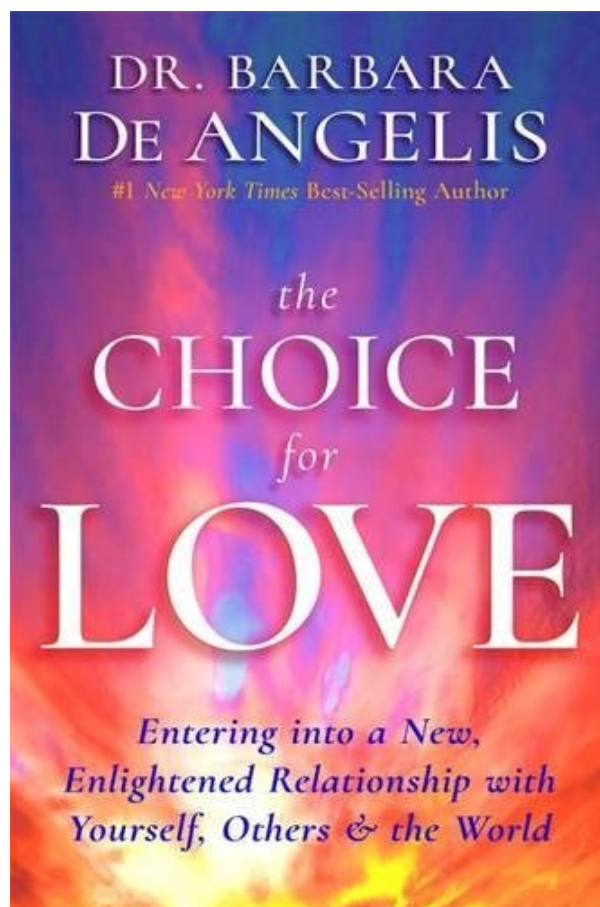


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DE ANGELIS

#1 New York Times Best-Selling Author

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About the Author

Barbara De Angelis, Ph.D., is an internationally recognized expert on human relations and one of America's most influential teachers and visionaries in the field of personal and spiritual development. As a renowned author, award-winning speaker, and popular TV and radio personality for over four decades, she has helped tens of millions of people worldwide with her inspirational guidance, uplifting messages, and practical wisdom for creating more conscious lives and fulfilling lives. Barbara has written 15 bestselling books, including *Real Moments*, *Are You the One For Me?*, *How Did I Get Here?*, and *Soul Shifts*. Visit her at barbaradeangelis.com.

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From the moment we are born and through every day of our lives, each of us is traveling on a mysterious, relentless, passionate, and sometimes perplexing journey in search of the experience of Love. Love, however, isn't simply an emotion, a behavior, or even the bond you feel with another person—it's a supercharged, light-drenched, limitless vibrational field of infinite divine energy that is our essential nature. The true search for love, then, must inevitably direct us within, where we discover that the love we've been seeking in countless ways has been inside of us all along.

The Choice for Love is the inspiring and revelatory new book from New York Times best-selling author and renowned transformational teacher Barbara De Angelis, Ph.D. Known for helping millions of people make profound shifts in their relationship with themselves, others, and spirit, Dr. De Angelis has written an eloquent, illuminating, and deeply compassionate guide for transforming your relationship to love and bringing more of it into all aspects of your life. She offers you invaluable wisdom and practical tools for healing, opening, and expanding your emotional and spiritual heart, and teaches you how to use love as the highest spiritual practice.

What is the choice for love? It is a revolutionary shift in your relationship with the energy of love itself. It invites you into a new, enlightened experience of love as a vibrational state of being. It isn't the choice for new thoughts about love, new attitudes about love, or a new philosophy about love. It's the choice to enter into the experience of your own unlimited love, and open to the unfathomable treasures that your heart holds.

When we think that love originates from the outside, we mistakenly believe that we need to wait until something happens to give us an experience of love. Dr. De Angelis explains that love isn't something we can actually "get" from anyone else. No one can give you any love you don't already have.? Love comes from the inside out.

Now more than ever, in these unsettling times on our planet, we're each called to become a living remedy, to not fall in love, but to rise in love. The Choice for Love is a masterful and sacred pilgrimage of words whose enlivened wisdom will move you, awaken you, and liberate you to embrace, embody, and delight in more love than you ever imagined was possible.

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About the Author

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Most helpful customer reviews

37 of 37 people found the following review helpful.

An Illuminating Journey to the Heart of Love

By Deanne R.

This is more than a book, it is a journey to someplace mysterious and beautiful, unknown yet completely familiar. Through it all, Dr. De Angelis serves as a masterful guide to the depths of the human experience, the heart, and places beyond.

I couldn't put this book down! It helped to explain so much of what I struggle with from pulling away from good relationships to dealing with major life changes and loss. The lessons and wisdom in this book completely shifted my understanding of what love is, how I've been dancing with (or avoiding!) love, where love comes from—and so much more—all in a way that can be taken in not just intellectually but vibrationally. It showed me how to be “in love” all the time—and, perhaps surprisingly, it has nothing to do with romance!

There is something about the way Dr. De Angelis writes, a particular flow, that I really enjoy. There are sections that speak to the mind (at one point, literally, about how our brains become wired so certain experiences bring up certain emotions over and over) and there are completely relatable, everyday occurrences used as examples. She uses things that are familiar, to get us ready for the next supersonic ride into what might otherwise be really advanced and hard-to-understand spiritual concepts. Before I knew it, I was feeling more deeply, seeing more clearly, and feeling more true and whole than I ever thought possible. It's an amazing feeling! And then, with each chapter there are practical tools we can use to change our experience of life and love on a daily, moment-by-moment basis. After reading this book, I feel like I can move forward in every area of life with more compassion, more grace and more love for myself and others.

This book is for anyone who has ever felt alone in a room full of people. Who has ever watched themselves in shock and horror sabotaging a relationship or a job interview and felt powerless to stop themselves. For anyone who has wondered, “How can I ever love again?” after a heartbreaking loss. In other words, it's for anyone with a heart! This book is the roadmap back home to the voice of love and truth that resides deep within you. Make the choice for love—and get this book!

28 of 28 people found the following review helpful.

A Must Read!

By Laura

The Choice for Love is much more than a powerful book--it's the manual for life that we've all wished for

("if life could only come with an instruction manual..."). It's not about romantic love...it's so much more. It's about understanding and expanding the love within, so that we can feel fulfilled and share this gift with loved ones. The wisdom is something that I wish every parent would read, digest, and teach to their children from a very young age so that kids can grow up with a healthy way to operate in this world.

This down-to-earth transformational book has made a huge impact by helping me to find my purpose in life. The pages invite me to open my heart to LOVE more fully, which has translated into LIVING more fully. It is a treasure that I will cherish forever. Cover to cover, it's a must read!

28 of 28 people found the following review helpful.

Finding Your Field of Love

By Nina

Barbara de Angelis made a promise to live her life serving Love, surrendering to Love, teaching Love and living Love.

She delivers on her promise from the very first pages of the book. Her words become vibrational bridges and vibrational gateways, helping readers to cross-over and pass through.

There is absolutely no way for any review to replace your personal experience of deep interaction with wisdom and energy of this book. The book becomes a pilgrimage from limitations to freedom, from separation – to love. Just listening to the first chapter of the book completely changed my perception and understanding of love. Here are a couple of quotes: “When we feel love we’re never falling in love, we are rising in love. “ “Love is the highest spiritual practice.”

Barbara’s messages: You are always already in love..., you can’t not be in love..., Love is always a missing experience in every dilemma..., and Choice for Love practices she introduces, allow us to take active position in bringing more love in our everyday life.

How can I bring more love to ...? What can it look like right now? How can I bring most love to this situation? Allow these questions to be your compass and your map.

Hope I’ve wet your appetite for more love and wisdom. Serve yourself the best love gift by ordering this book.

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Based upon some experiences of many individuals, it is in fact that reading this **The Choice For Love: Entering Into A New, Enlightened Relationship With Yourself, Others & The World By Dr. Barbara De Angelis** can help them to make better option and give more encounter. If you intend to be among them, allow's purchase this publication **The Choice For Love: Entering Into A New, Enlightened Relationship With Yourself, Others & The World By Dr. Barbara De Angelis** by downloading and install guide on link download in this site. You could obtain the soft file of this book **The Choice For Love: Entering Into A New, Enlightened Relationship With Yourself, Others & The World By Dr. Barbara De Angelis** to download and deposit in your available digital tools. Just what are you waiting for? Let get this publication **The Choice For Love: Entering Into A New, Enlightened Relationship With Yourself, Others & The World By Dr. Barbara De Angelis** on the internet and also review them in any time and also any place you will certainly review. It will certainly not encumber you to bring heavy book **The Choice For Love: Entering Into A New, Enlightened Relationship With Yourself, Others & The World By Dr. Barbara De Angelis** inside of your bag.

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