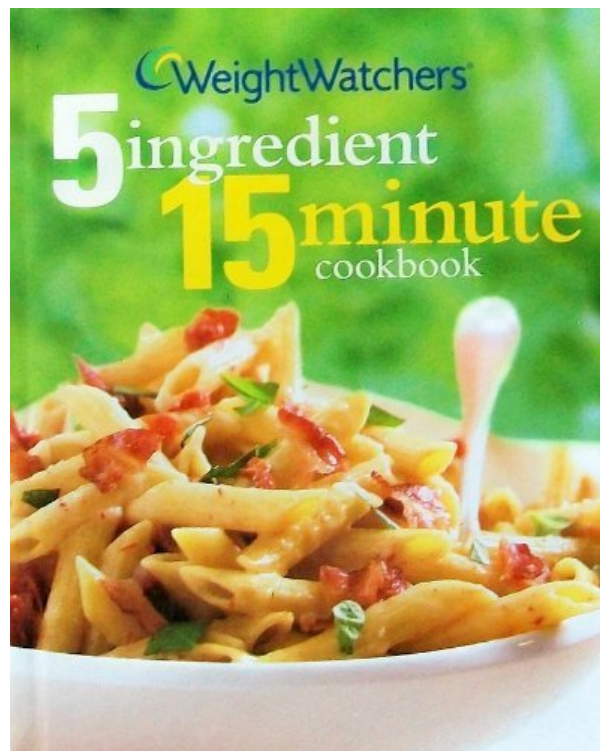
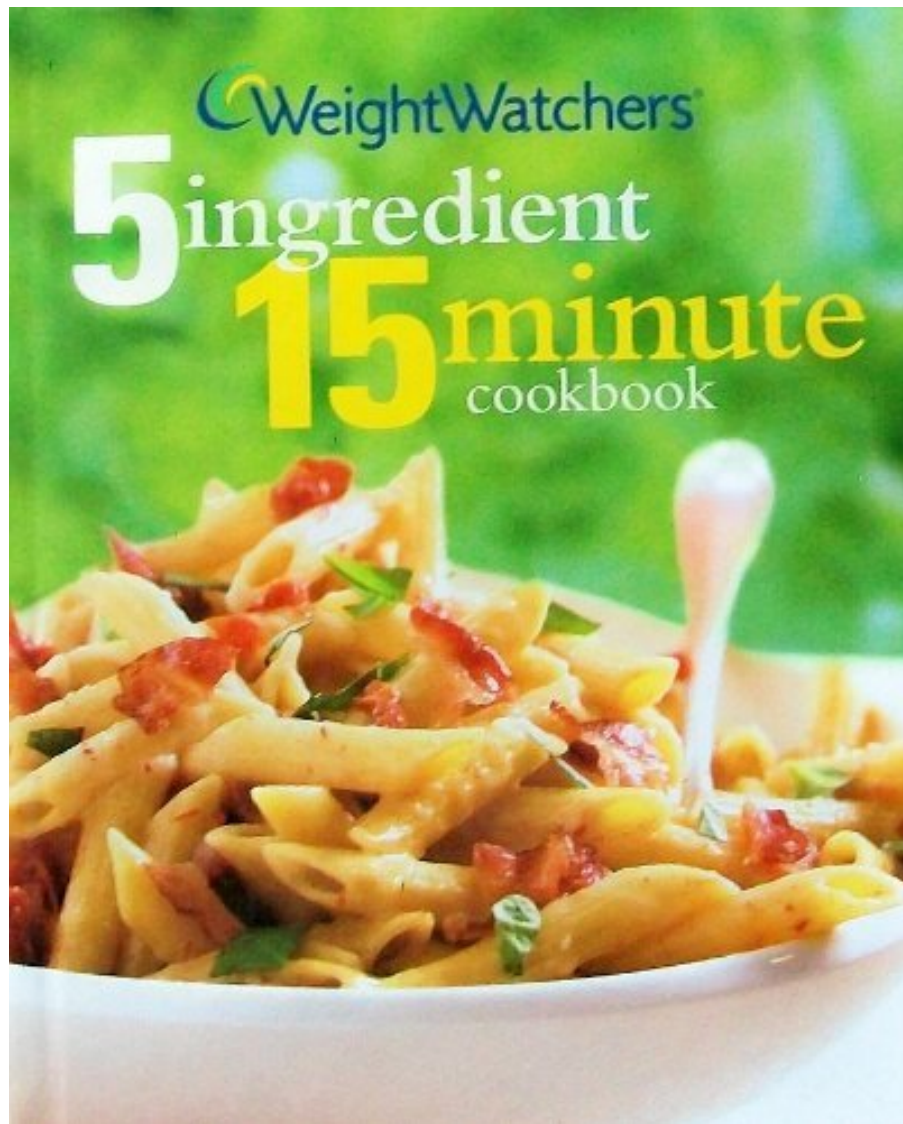


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- Number of items: 1
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24 of 24 people found the following review helpful.

A little misleading but wonderful recipes!!

By cathyh

This cookbook is very user friendly. There are loads of interesting recipes and some very nice mouthwatering photos. What is misleading in the book starts with the title! I have found VERY few recipes that have only 5 ingredients and many recipes take longer than 15 minutes. Aside from that, this book has a feature that is amazing! Every recipe comes with a shopping list of ingredients. Not only is that helpful for making a shopping list, it will also give you a product example making it that much easier to find the product you need for the recipe. There are many photos and as always, more would make this cookbook even better.

3 of 3 people found the following review helpful.

An excellent choice for great easy meal ideas.

By Dr. Doom

We tried a small selection of these easy meals type of cookbooks, and were very pleased with all of them. You probably can't make a bad choice. For this one in particular, we still have a small crowd of bookmarks sticking out for things we want to try soon. This book, and others of this genre, take the effort, intimidation, and hassle out preparing healthy home-cooked meals. We use ours regularly.

21 of 23 people found the following review helpful.

Wasn't impressed

By SArchey

This title is a little misleading. It is 5 ingredients on top of what they consider to be staples or on hand ingredients. So there are typically 10-15 ingredients per recipe.

I'm a simple girl when it comes to food. I like what I call "regular food." To me, this means typical food that most people, regardless of demography or geography, would be familiar with. I am also from a relatively small town, so I don't have specialty markets close by to shop for groceries. We have a Wal-Mart and a

couple of regular grocery stores, so if most of the recipes call for scallions, shallots, phyllo shells, sun dried tomatoes, pickling spice, turbinado sugar, and so on, it isn't feasible for me. I'm not driving 50+ miles to pick up a jar of pitted kalamata olives.

If you live in a big city and you have a "refined pallet" with access to specialty stores and a Whole Foods, you might like this cookbook. If you are a regular person that wants a meal your whole family will eat, it isn't in this book. I have used and liked maybe 5-10 recipes in the entire book. Everyone is different in their tastes, and this was didn't really suit mine.

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